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EARLY CHILDHOOD CENTER
Mrs. Trudy Rubinstein, Director,
West Hempstead

JOSHUA WAITMAN
EARLY CHILDHOOD CENTER
Mrs. Sheryl Hecht, Director, Plainview

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PLAINVIEW ELEMENTARY SCHOOL
Rabbi Kalman Fogel, Principal
Rabbi Rafi Draiman, Assistant Principal

MIDDLE SCHOOL
Moses Hornstein Educational Center
Rabbi Elliot Hecht, Principal
Mrs. Sari Bacon, Associate Principal
Mrs. Karen Slater, Middle School Coordinator

BROOKDALE HIGH SCHOOL
Rabbi Moshe Stavsky, Menahel/Principal
Mrs. Sari Bacon, Associate Principal
Ms. Tziporah Zucker, Assistant to the Principals

BIOGRAPHICAL SKETCHES OF PRESENTERS

ANNETTE BERGER, PSY.D.

is a school psychologist at the Rosenbaum Yeshiva of North Jersey and works with the early childhood and elementary school faculty in developing social and conflict resolution skills in classrooms. Dr. Berger has conducted workshops for parents through school, synagogue, and as part of the Orthodox Union series on Positive Jewish Parenting. Dr. Berger maintains a private psychotherapy practice in Teaneck, NJ treating children, adolescents, and adults.

DAVID LIEBERMAN, PH.D.

is an award-winning author and internationally recognized leader in the field of human behavior and interpersonal relationships. Dr. Lieberman has published two books, including two New York Times bestsellers. His work has been featured in worldwide publication and he has appeared as a guest expert on more than 200 programs such as: The Today Show, PBS, The O'Reilly Factor, NPR, and The View. His newest book from Feldheim Press is Real Power, available from Jewish bookstores.

DAVID PELCOVITZ, PH.D.

holds a distinguished position at Yeshiva University's Azrieli Graduate School of Jewish Education. He teaches courses in pastoral psychology at the university's affiliated RIETS, and serves as special assistant to the president of Yeshiva University. Dr. Pelcovitz has published and lectured extensively on a variety of topics related to the psychological impact of trauma and loss, child and adolescent behavior problems, parenting and the impact of divorce and stress on children.

NOSSON WESTREICH, M.ED. M.D. FRCPC,

a Child and Adolescent psychiatrist, is an Assistant Professor at the University of Toronto Medical School, and on staff at Sunnybrook Health Sciences Centre where he directs the Inpatient Adolescent Regional Unit and teaches both medical students and residents. Dr. Westreich has authored professional articles, been interviewed on radio and is a noted speaker for medical, civic and Jewish organizations internationally.

GILA ZELINGER, LCSW

is a clinical social worker in the Family Care Medical Center in Monsey, New York. She has many years of experience working with individuals, families, and groups and supervises social workers and interns. Mrs. Zelinger had conducted extensive parenting workshops for both the Orthodox Union and her community, focusing on strengthening the Jewish family. She also maintains a private practice in Wesley Hills, New York, and leads a psychotherapy group for mothers and couples.w

**KEYNOTE:
MRS. SLOVIE WOLFF**

is a noted educator, lecturer, author and leader of Hineni Young Couples. She teaches classes and gives seminars on relationships and parenting. Slovie is the daughter of Rebbetzin Esther Jungreis, founder of Hineni. Her latest book, Raising a Child with a Soul, is published by St. Martins Press. Mrs. Wolff will be available for a book signing after her presentation.

Presents
Positive Jewish Parenting



**A CONFERENCE FOR PARENTS
OF STUDENTS IN GRADES PRE-K –12**

Motza'ai Shabbat
Saturday Evening, December 6, 2008
7:00 pm-10:45 pm

Sessions begin promptly at 7:30 pm
at HANC Mitchell Field Campus
215 Oak Street, Uniondale, NY 11553
www.hanc.org

- >>> *Strengthen your Parenting Skills*
- >>> *Practical Advice, Ideas, and Suggestions*
- >>> *Workshops Led by an Outstanding Array of Mental Health Professionals*



POSITIVE JEWISH PARENTING is a copyrighted program of the Orthodox Union, Department of Community Services, Frank Buchweitz, Director, Josh Vogel, Program Assistant, Emanuel J. Adler, Commission Chairman, Community and Synagogue Services.
11 Broadway, New York, NY 10004 212.613.8226 www.ou.org

A Program of the Department of Community Services of the Orthodox Union
Sponsored by: HANC, HANC PTA, Young Israel of West Hempstead, Young Israel of Merrick, Congregation Anshei Shalom of West Hempstead, Congregation Eitz Chayim of Dogwood Park

POSITIVE JEWISH PARENTING: BUILDING CHARACTER IN OUR STUDENTS

PROGRAM SCHEDULE

7:00-7:25 pm Registration/Dessert Buffet
 7:30-8:30 pm Concurrent Workshops - Session One
 8:40-9:40 pm Concurrent Workshops - Session Two



9:50-10:45 pm Keynote Address and Q & A
KEYNOTE: RAISING A CHILD WITH SOUL:
 DEVELOPING CHARACTER IN OUR CHILDREN
Slovie Jungreis Wolff

7:30-8:30 pm WORKSHOP: SESSION #1 *Please select one workshop*

| PRESENTER | TOPIC | LEVEL |
|------------------------|---|----------------------|
| Annette Berger, Psy.D. | Consistent Parenting in an Inconsistent World: Finding Time to Parent Well | Pre-school – Grade 3 |
| Dovid Lieberman, Ph.D. | Developing & Strengthening Positive Self-Esteem | Elementary - Middle |
| David Pelcovitz, Ph.D. | Speaking to Adolescents about the Economy and Other Disturbing World Events | Middle- High School |
| Nosson Westreich, M.D. | "Help! I Need Somebody!" Or Is My Child Just Being a Child: A Frank & Open Discussion with a Child & Adolescent Psychiatrist | Middle- High School |
| Gila Zelinger, LCSW | Setting Limits & Disciplining Your Teenager | Middle-High School |

8:40-9:30 pm WORKSHOP: SESSION #2 *Please select one workshop*

| PRESENTER | TOPIC | LEVEL |
|------------------------|---|--------------------------|
| Annette Berger, Psy.D. | Keeping Our Children Happy: Overindulgence & Beyond | Pre-school – Grade 3 |
| Dovid Lieberman, Ph.D. | Developing & Strengthening Positive Self-Esteem | Middle – High School |
| David Pelcovitz, Ph.D. | The Uniqueness of Each Child Within Family Dynamics | Elementary-Middle |
| Nosson Westreich, M.D. | How to Talk So "Teens" Listen, How to Listen So "Teens" Talk | Middle – High School |
| Gila Zelinger, LCSW | Family Dynamics: Power Struggles, Sibling Rivalry and the Uniqueness of Each Child | Elementary-Middle School |

9:50-10:45 pm KEYNOTE ADDRESS: Slovie Jungreis Wolf
 Raising a Child with Soul: Developing Character in Our Children

ADMISSION

\$10 per person in advance
 \$15 per person at the door
 A Dessert Buffet will be served!

SPONSORS

\$100 entitles you to:

- two tickets,
- keynote reserved seating
- complimentary autographed copy of *Raising a Child with Soul* by keynote speaker, **Slovie Jungreis Wolff**

COMMITTEE MEMBERS

Sari Bacon
 Loren Daitch
 Sara Feinberg
 Debra Genuth
 Sandra Katz
 Amy Kesselman
 Trudy Rubinstein
 Marj Shuster

FOR CONFERENCE INFORMATION AND ADVANCE REGISTRATION:

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